



# Mary Radspinner

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[MaryRadspinner@gmail.com](mailto:MaryRadspinner@gmail.com)

Cypress, Houston, TX

## **My Practice**

I practice Usui Shiki Ryoho and Animal Reiki and my lineage is Usui - Hayashi.

## **My Reiki Community**

A small monthly share group.



## Reiki Sounds

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### **My Services**

I offer traditional Reiki with a harp music meditation.

### **My Story**

In studying various forms of vibrational healing, some of them quite complicated, I was led to take a Reiki I course. After experiencing powerful changes in myself and my family during the month of self-work following Reiki I, I realized that Reiki's simplicity is the absolute beauty of it. I continued to read books, practice on myself and 16 months later took Reiki II. After further study and intense self work with impressive results on both myself and our pets, I decided to become a Reiki Master Teacher.