



# Sara Jane

+44 (0)1202 514 569

[sarasoundspirit@gmail.com](mailto:sarasoundspirit@gmail.com)

Bournemouth, England

## **My Practice**

I practice Usui Reiki and Vocal Reiki and my lineage is Dr Mikao Usui - Dr Chujiro Hayashi - Hawayo Takata - Iris Ishikuro - Arthur Robertson - Rick & Emma Ferguson - Margarett L Shelton - Kathleen Ann Milner - Robert N. Wachsberger - Tricia Courtney Dickens - Elaine Miller - Me.

## **My Reiki Community**

I offer Reiki Shares & Group Session + Sound Shares & Group Vocal Reiki Sessions, both are held at my home in Bournemouth and on-line. Reiki Shares are only open to those Reiki level I and above, Sound Shares & Group Sessions are open to all, no experience required.

Meetings currently run once per fortnight (ish), and includes a mix of all the above. Shares last 2 hours and the group sessions last 30 minutes to an hour. I am happy to look at different days and times.



## Vocal Reiki

+44 (0)1202 514 569

Bournemouth, England

[sarasoundspirit@gmail.com](mailto:sarasoundspirit@gmail.com)

### **My Services**

Reiki & Vocal Reiki Sessions, Shares, Group Sessions & Courses.

### **My Story**

If you wish to learn more about me and my journey to Reiki and beyond, you will find video interviews that you can watch at this address: <http://vocalreiki.com/videos/>.